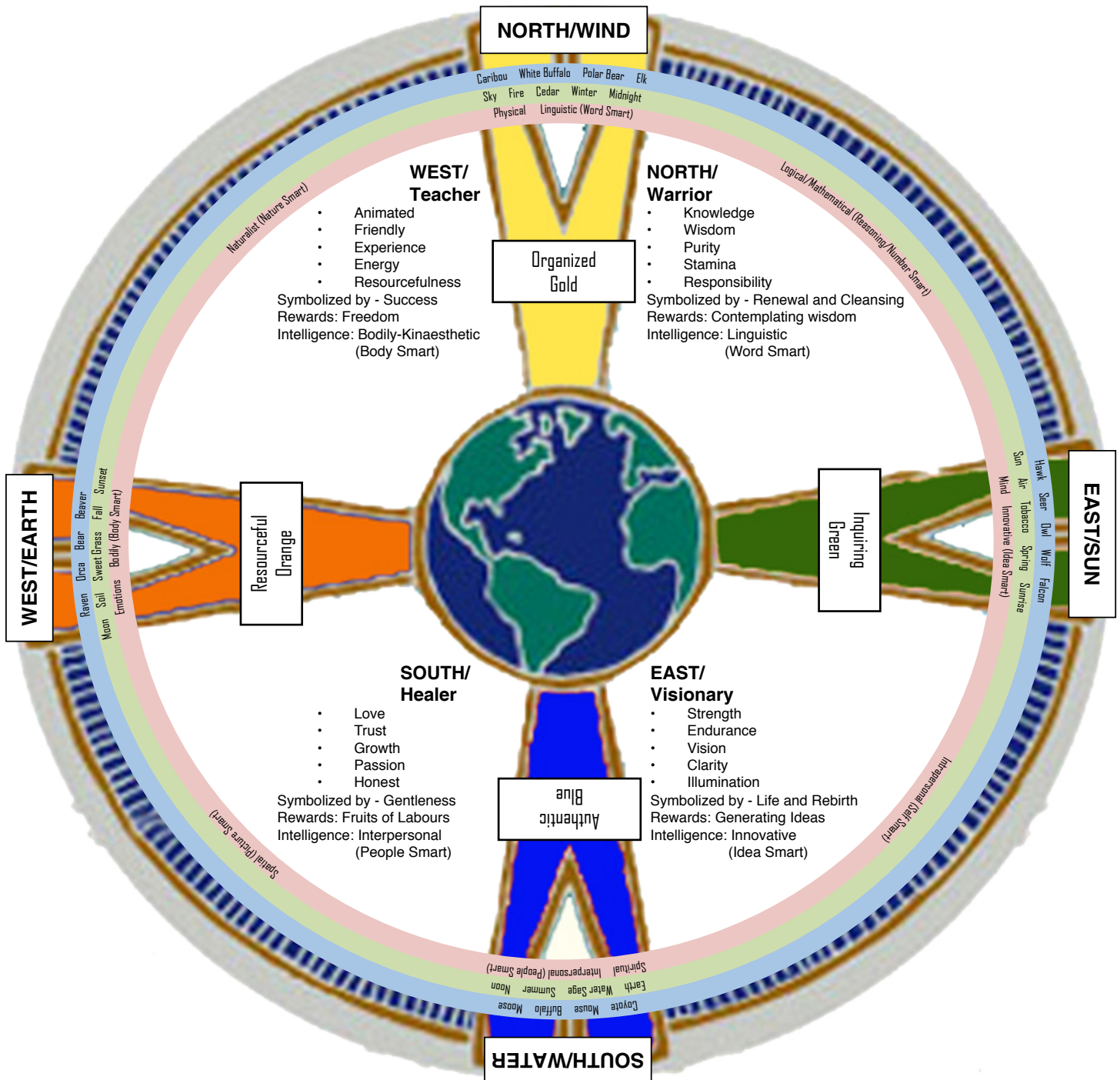


PERSONALITY DIMENSIONS AND THE MEDICINE WHEEL

Over 3,500 years ago First Nations People noticed four primary styles in people and related these styles to the cardinal directions and natural elements.



Leadership and the Medicine Wheel

An effective leader knows their greatest strengths, their most important needs, and what they need to learn.

1. In your Cardinal Direction **check off** one or more strengths.
2. In your Cardinal direction **circle** one or more needs.
3. In the other Cardinal Directions **underline** one or more things you want to learn.

